

The Children's Center of Stone Oak

18858 Stone Oak Parkway San Antonio, TX 78258 210-403-0700

----- October 2024 -----

www.childrenscenterofstoneoak.com

2024	MONDAY - Sept 30	TUESDAY - Oct 1	WEDNESDAY - Oct 2	THURSDAY - Oct 3	FRIDAY - Oct 4
BREAKFAST	Cinnamon Toast & Raisins	Biscuits W/Gravy	French Toast Sticks	Waffles & Fruit	Cereal W/Fruit
LUNCH	Chicken Nuggets Carrots Pineapple	Sloppy Joe's Tater Tots Green Beans	BBQ Grilled Chicken Bites Corn Mixed Fruit	Meatballs Mashed Potatoes Peas	Cheese Quesadillas Beans Peaches
SNACK	Frozen Yogurt	Goldfish	Chex Mix	Vanilla Wafers	Veggie Straws
	MONDAY - Oct 7	TUESDAY - Oct 8	WEDNESDAY - Oct 9	THURSDAY - Oct 10	FRIDAY - Oct 11
BREAKFAST	Yogurt W/Granola	Cinnamon Rolls	French Toast Casserole	Bagels	Pop Tart W/Cereal
LUNCH	Corn Dogs Peas Mixed Fruit	Shephard's Pie Mixed Vegetables Peaches	Fish Sticks Green Beans Applesauce	Pizza Quesadilla Mixed Vegetables Peaches	Been & Cheese Tacos Corn Pineapple
SNACK	Cookies	S'More Mix	Pudding	Fig Bars	Rice Cakes
	MONDAY - Oct 14	TUESDAY - Oct 15	WEDNESDAY - Oct 16	THURSDAY - Oct 17	FRIDAY - Oct 18
BREAKFAST	Pancake On A Stick	Cheesy Eggs	Sausage Crescents	Muffins	Cereal W/Fruit
LUNCH	Smokies Mashed Potatoes Corn	Grilled Cheese Salad Pineapple	Teriyaki Meatballs Rice Mixed Vegetables	Pizza Crescents Green Beans Pineapple	Beef Stroganoff Broccoli Mixed Fruit
SNACK	Cheese-Its	Teddy Grahams	Pretzels	Animal Crackers	Fruit Cup
	MONDAY - Oct 21	TUESDAY - Oct 22	WEDNESDAY - Oct 23	THURSDAY - Oct 24	FRIDAY - Oct 25
BREAKFAST	Sausage & Potatoes	Toast & Bananas	Yogurt Parfait	Biscuits W/Jelly	Cinnamon Bars
LUNCH	Mac n Cheese Peas Peaches	Taquitos Beans Corn	Hot Dogs Tater Tots Green Beans	Enchilada Casserole Rice Mixed Vegetables	Turkey/Cheese Wraps Chips Applesauce
SNACK	Apples & Cheese	Fig Bars	Cookies	Graham Crackers	Rice Krispie Treats
	MONDAY - Oct 28	TUESDAY - Oct 29	WEDNESDAY - Oct 30	THURSDAY - Oct 31	FRIDAY - Nov 1
BREAKFAST	Pancakes	Eggs & Bacon	English Muffins W/Soy Butter	Waffels & Fruit	Cereal W/Fruit
LUNCH	Ham & Cheese Cresents Salad Pineapple	Pasta Salad Bananas	Meatballs W/Spaghetti Green Beans	PIZZA PARTY	Cheesy Chicken & Rice Peas Mixed Fruit
SNACK	Frozen Yogurt	Vanilla Wafers	Veggie Straws	Chex Mix	Veggie Straws